## Kitchen Records

#### **Food and Nutrition Services**

**Bryan Tanner & Joey Samelak Nutrition Program Specialist** 



#### **Objectives**

- Identify the key requirements of a menu.
- Develop or revise standardized recipes to include essential information, determine what a portion contributes to the meal pattern including vegetable subgroups.
- Identify important and required aspects and benefits of a production record.

#### **Objectives**

- Use Child Nutrition (CN) Labeling to demonstrate how a product contributes to the meal pattern requirement.
- Improve food safety by strengthening temperature records and food safety plan.
- \* Have records prepared for an administrative review.

#### **Kitchen Records to Keep**

Menu

**Production Records** 

Recipes

Labels

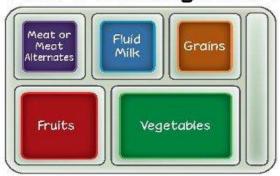
- CN
- Nutrition Facts
- Product Formulation Statement

Food Safety Plan

- HACCP
- Temp Logs



#### Build a Healthy Lunch



Everything starts with the menu. The menu dictates

a lot about how your operation is organized and

managed and shows if the meal components are being met.

## Menu Wisdom

Attractive, colorful and logical

 Use icons and pictures to symbolize whole grainrich and low sodium items.

Advertise local products



• Indicate full, free and reduced meal prices.

# Make sure parents and students are aware of the USDA guidelines

- The requirements for:
  - Meat/Meat Alternate
  - Grain
  - Fruit
  - Vegetable
  - Milk
- The restrictions on:
  - Sodium
  - Saturated fat
  - Calories
  - Trans fat

Specify the meal components offered each day including fruit and milk choices





#### Friday

17 WAFFLES CEREAL-KELLOGS

> FRUIT CHOICE JUICE 100 %

MILK 1% CHOC. SKIM MILK STRAWBERRY SKIM MILK

# Educate parents and students on Offer vs serve







# Include items that are offered daily





We serve the following Items Daily

PBJ Sandwiches

<u>Chicken Wraps</u> <u>Grilled Cheese Sandwiches</u> <u>Deli Sandwiches</u>

Fresh or prepared fruits and vegetables daily.

(Must take & cup of Fruit or Veggies)

Non or Low Fat White or Non Fat Chocolate Milk



## • Program materials including menus must have the appropriate non-discrimination statement.

**USDA** Nondiscrimination Statement

For all other FNS nutrition assistance programs, State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information(e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint filine\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

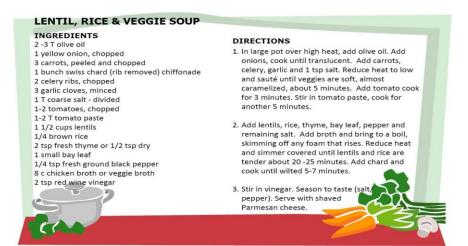
(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or

(3) email:program.intake@usda.gov.

This institution is an equal opportunity provider.

 If the program material is too small to contain the full statement, the material at minimum must include the following statement.

• "USDA is an equal opportunity provider."



# Recipe

The United States Department of Agriculture (USDA) defines a standardized recipe as one that "has been tried, adapted, and retried several times for use by a given foodservice operation and has been found to produce the same good results and yield every time when the exact procedures are used with the same type of equipment and the same quantity and quality of ingredients."

#### Benefits of a standardized recipe

- Consistent food quality
- Predictable yield
- Customer satisfaction
- Consistent nutrient content
- Food cost control
- Efficient purchasing procedures
- Inventory control
- Labor cost control
- Reduced record keeping
- Anyone trained in your kitchen can cook menu items based on your standardized recipes

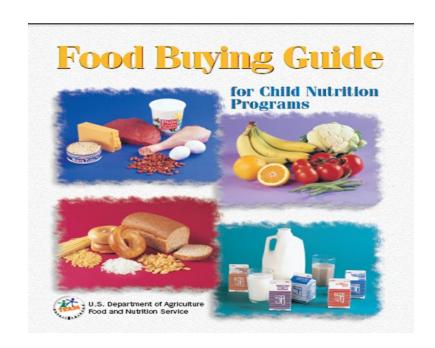
- 1. Recipe name or title
- 2. Recipe category or number
- 3. Ingredients
- 4. Weight/volume for each ingredient (weighing vs measure)
- 5. Preparation instructions (directions)
- 6. Cooking temperature and time, if appropriate
- 7. Serving size
- 8. Recipe yield
- 9. Equipment and utensils to be used
- 10. Food safety guidelines/HACCP plan
- 11. Contribution

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Number of Portions:	Number o	of Po	rtions:			Νι	umber of	Portic	ons:		☐ #1 No Cook								
Portion Size:	Portion Si	ze:				Po	ortion Siz	e:						& Ser					
Serving Utensil:	Serving U	tensi	il:			Se	rving Uto	ensil:				<b></b>   <b>-</b>  #	3 Inclu	des co	oling st	гер			
Servings per pan:		Servings per pan:						er pan:											
INGREDIENTS				MEAS						PREP/	ARATIO	N DIRECT	TIONS						
List in order used			Weight		Volume	9													
Total Yield		Νι	umber c	of Pan	s:		Equipm	ent (if	not sp	ecified	cedures above):								
Weight: Measure (vol.):		Pa	an Size:																
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Meat/Meat Alternate																			
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Fruits																			
Grains																			
Calories																			
Saturated Fat (g)																			
Sodium (g)																			
Trans Fat																			

STANDARDIZED RECIPE	COMM	ERCIALLY PREPARED PRODUCTS										
Product Name:												
Manufacturer:												
MANUFACTURER'S NUTRIENT SPECIFICATIONS												
Nutrient Submission Form	Yes	□ No										
Manufacturer's Nutrient Label Attached	Yes	No										
Other Please Specify:												
PR	EPARATIO	ON DIRECTIONS										
Equipment Type/Size and Cooking Time/Temperature												
Yield:		Additional										
(weight or volume)		Information:										
Portion Size:												

#### Food Buying Guide

- Common can sizes
- Utensil sizes and capacities
- Purchasing guidelines
- Updated F/V section
- Updated M/MA section
- Updated Milk section
- Updated Grains Section



Food Buying Guide Calculator
Calculates Foods in recipes based on the information in the food buying guide

Can be accessed <u>here</u>

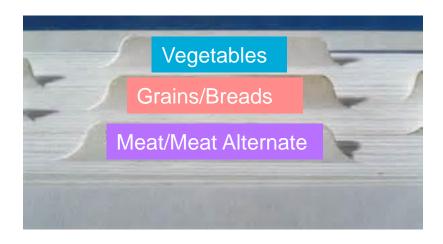
# Food Buying Guide

**Calculator for Child Nutrition Programs** 



Putting it all together: Creating a recipe book

- A recipe book is a blueprint for routine reference, containing one page for each recipe and every food item used and every menu item made, including condiments, milk, jellies, crackers, etc.
- Guide to what can be used in creating menus.
- Meat/Meat Alternate
- Grains/Breads
- Vegetables
- \* Fruits
- Condiments
- Milk





The menu production record is a valuable tool in the menu planning process. It serves the dual purpose of demonstrating compliance with program requirements and communicating the menu to staff.

Daily Requirement (Breakfast, Lunch, Salad bar and Snack)

Production records also provide....

- Staff direction and communication
- Forecasting
- Support claim for meals
- Ability to track items for nutrient analysis

The menu production record is the perfect tool for tracking student acceptance of a recipe.

\*\*\*Keep for 3 years plus current year\*\*\*

#### Required Contents:

- Food Components
- 2. Recipe or product used
- 3. Planned number of servings (student & adult)
- 4. Serving Sizes
- 5. Total amount of food prepared
- 6. Actual number of reimbursable meals
- 7. Number of adult meals & a la carte
- 8. Leftovers and Substitutions

Temperatures may be also included (Optional)

Be sure to:

Record Fruit (F), Vegetable (V) and Milk in <u>CUP</u> size

Record Meat/Meat Alternate (M/MA) and Grain in OUNCE/oz. eq.

Condiments such as mustard, catsup and jelly are not counted as a menu item or component, but count toward the nutrient analysis, so portion sizes of all condiments used must be projected.

(example:  $2 \frac{1}{2}$  No. 10 cans = 287.5 oz divided by 270 students = approximately 1 oz catsup used per student)

#### Weight vs. Volume





8 oz. lettuce

½ cup lettuce

1 cup leafy green vegetable =  $\frac{1}{2}$  cup of vegetable

Whole fruit

Most whole fruit contains ½ cup of creditable fruit.

Whole apple (125-138 count)

Whole pear (150 count)

Banana (150 count)

Orange (138 count)

 $= \frac{1}{2}$  cup fruit

 $= \frac{1}{2}$  cup fruit

= 3/8 cup fruit

 $= \frac{1}{2}$  cup fruit

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	-												Grade	Planned	Actual	1
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0" \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		Grade		svgs		svgs	Grain			t svgs					<b> </b>	1
Offer Versus Serve? Yes No_			Today	so far/wk	Today	so far/wk	Today	so far/wk	Today	so far/wk						4
Grades:																4
													Adults			4
													Total			1
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	<b>⊣</b>	Recipe No.	Quantity													
Menu	Serving Temperature	or Brand &	Prep # of item,	Grades:	1	1	1	Grades:	1	1	1	Adults/ a	la carte:	1	i	
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# Child Nutrition Labels(CN)/ Product Formulation Statements/ Commodities

Child Nutrition (CN) Labels, product formulation statements, and product labels provide a way for food manufacturers to communicate with school program operators about how their products may contribute to the meal pattern requirements for meals served under the Department of Agriculture's (USDA) Child Nutrition programs.

## Commodities

## CLICK HERE ↓ FOR ↓

Commodities

- Nutritional Information
- Link to all USDA Food Fact Sheets
- Nutrient Facts for Processed Commodities



School Year 2016-2017 Nutritional Information for AdvancePierre Foods



Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/M A Credit	Bread Svgs Credit
3779-150	Flamebroiled Beef Pattie w/Onion (1.85 oz soy added)	23.13	1.85	1	200	100	60	60%	7	2.5	0	25	180	1	0	0	8	0	0	2	6	084591	1.5	
3715	Flamebroiled Beef Pattie (2.40 oz soy added)	20.25	2.4	1	135	130	70	53%	8	3	0	30	180	1	0	0	12	0	0	2	8	086966	2	 
3742	Flamebroiled Beef Pattie Low Sodium (2.25 oz soy added)	20.25	2.25	1	144	130	70	53%	8	3.5	0	40	85	1	0	0	12	0	0	2	8	080691	2	
3782	Flamebroiled Beef Pattie w/Onion -Wrappers (2.60 oz soy added)	16.25	2.6	1	100	140	80	57%	9	3.5	0.5	35	300	2	1	1	12	0	2	2	8	035919	2	
69097	Flamebroiled Beef Pattie (2.10 oz soy added)	15.09	2.1	1	115	110	60	54%	6	2.5	0	25	45	2	0	0	11	0	0	4	8	090249	2	
69001	Flamebroiled Beef Steak Burger (1.60 oz)	21	1.6	1	210	100	60	60%	7	2.5	0	30	80	0	0	0	8	0	0	0	4	085512	1.5	
69050	Flamebroiled Beef Steak Burger (2.0 oz)	21.25	2	1	170	120	80	66%	8	3.5	0.5	40	100	0	0	0	10	0	0	0	6	088458	2	
69104	Flamebroiled Beef Steak Burger (2.20 oz)	15.81	2.2	1	115	120	70	58%	8	3	0	40	55	1	0	0	12	0	0	2	6	090752	2	
1-15-230	Pub-Style Beef Steak Burgers (3.0 oz)	30	3	1	160	190	110	57%	13	5	0	60	260	0	0	0	17	0	0	0	8	NA	3	
1-56403-20	Beef Meatloaf Slice w/Ketchup Glaze (3.0 oz soy added)	18.75	3	1	100	170	90	52%	10	4	0	35	220	6	1	3	13	2	8	2	10	079455	2	
1-16-530-0	Flamebroiled Beef Salisbury Steak (3.0 oz soy added)	31.88	3	1	170	140	60	42%	7	3	0	40	430	4	1	1	16	0	2	4	10	093746	2	
1-17-305-0	Beef Meatballs (5@ 0.50 oz=2.50 oz)	30	2.5	5	192	180	110	61%	12	5	0	45	270	3	0	1	13	0	2	2	6	090924	2	
3753	Flamebroiled Rib Shaped Beef Patty w/BBQ Sauce (3.0 oz soy added)	18.75	3	1	100	170	80	47%	9	3.5	0.5	30	310	9	1	7	12	6	6	4	10	084402	2	
1-320410-20	Cooked Beef Crumbles (2.0 oz)	30	2	1	240	100	60	60%	7	3	0	25	115	0	0	0	9	0	0	0	6	085118	2	
1-320610-20	Cooked Beef Pattie Crumble (2.0 oz soy added)	30	2	1	240	100	50	50%	6	2.5	0	20	85	1	1	0	10	0	0	2	8	085119	2	
9485	Fully Cooked Beef Sausage Pattie (1.20 oz)	18.75	1.2	1	250	70	40	57%	4.5	1.5	0	20	240	1	0	0	6	0	0	0	2	082694	1	
69005	Harvest Breaded Beef Pattie w/Applesauce (3.20 oz soy added)	30	3.2	1	150	260	140	53%	16	4	0	30	180	16	3	1	15	2	2	4	15	090002	2	1
69009	Breaded Beef Patties-Stick Shaped (4 @ 0.97=3.88 oz soy added)	30.31	3.88	4	125	320	180	56%	20	5	0	35	330	19	4	1	16	0	0	4	15	090061	2	1
69141	Fully Cooked Sliced Beef (2.53 oz)	30	2.53	1	190	150	40	26%	4.5	1.5	0	65	260	3	0	2	22	0	0	2	10	092864	2	
1171	Mini Twin Cheeseburger on WG Bun (2 @ 2.35 oz =4.70 oz soy added)	28.2	4.7	2	96	320	110	34%	13	6	0.5	40	480	36	4	7	17	6	25	15	15	092466	2	2
69060	FC Link Shaped Beef Sausage Sandwich (2.45 oz soy added)	15.31	2.45	1	100	170	50	29%	6	2	0	20	350	20	2	4	9	0	15	4	10	089795	1	1
69123	Mini Twin Bf Patty w/Onion & PepperJack on WG Bun (2 @ 2.1 oz =4.2 oz soy added)	25.2	4.2	2	96	290	100	34%	11	5	0	25	390	33	3	7	14	4	20	10	15	092158	2	2
69094	Breaded Beef Steak on a Whole Grain Bun (3.20 oz)	16	3.2	1	80	250	90	36%	10	3.5	0	25	390	27	3	4	11	0	100	4	10	090215	1	1.75
3750	Pork Sausage Patties (1.20 oz)	18.75	1.2	1	250	70	45	64%	5	1.5	0	25	260	0	0	0	7	0	0	2	2	051061	1	
3755	Pork Sausage Links (1.20 oz)	18.75	1.2	1	250	70	45	64%	5	1.5	0	25	260	0	0	0	7	0	0	2	2	051062	1	
3787	Flamebroiled Rib Shaped Pork Patty w/BBQ (3.0 oz soy added)	18.75	3	1	100	190	90	47%	10	3.5	0	40	400	10	1	7	13	4	2	2	6	084406	2	
9488	Flamebroiled Rib Shaped Beef Patty w/Honey BBQ Sauce (3.2 oz soy added)	35.55	3.25	1	175	210	120	57%	13	4.5	0	40	600	11	1	8	12	6	2	2	6	073633	2	
69078	Pork Sausage Patty on Whole Grain Bun (2.70 oz)	16.88	2.7	1	100	240	120	50%	13	4.5	0	30	390	21	2	4	8	0	110	4	8	090089	0.75	1.25
69142	Pork Pattie Crumbles (2.46 oz. Soy added)	40	2.46	1	260	150	100	66%	11	4	0	30	200	2	1	1	12	2	0	2	6	092548	2	
1-24640-0	Harvest Breaded Pork Patty w/Applesauce (3.75 oz Soy Added)	30.47	3.75	1	130	260	120	46%	13	3.5	0	30	200	19	4	1	17	2	8	6	15	089990	2.5	1

Our website currently has the '16-'17 Nutritional Facts (above) for Processed Commodities of 30 different processors.

## Commodities

For any products that you receive through commodities, the only required documentation is the "USDA Food Fact Sheet"



UNITED STATES DEPARTMENT OF AGRICULTURE

#### USDA Foods Product Information Sheet

For Child Nutrition Programs



100158-Beef, Fine Ground, 85/15, Frozen

Category: Meat/Meat Alternate



#### PRODUCT DESCRIPTION

This item is 85/15 fine ground beef. This product is in 40 pound cases containing four 10-pound vacuum-sealed packages.

#### **CREDITING/YIELD**

- One case of ground beef provides approximately 478 1.34-ounce portions.
- CN Crediting: One 1.34-ounce portion of 85/15 raw ground beef credits as 1 ounce equivalent meat/meat alternate.

#### **CULINARY TIPS AND RECIPES**

- Ground beef can be cooked and used in a variety of dishes such as spaghetti sauce, tacos, chili, casseroles, and pasta dishes.
- For more culinary techniques and recipe ideas visit <u>NFSMI</u> or <u>Team Nutrition</u>.

#### FOOD SAFETY INFORMATION

 For more information on safe storage and cooking temperatures, and safe handling practices please refer to: <u>Developing a School</u> <u>Food Safety Program Based on the Process</u> <u>Approach to HACCP Principles.</u>

#### **NUTRITION FACTS**

Serving size: 1.34 ounces (38g)/1 MMA 85/15 raw ground beef

Amount Per Serving

Calories 82

Total Fat 6g

Saturated Fat 2g

Trans Fat 1g Cholesterol 26mg

Sodium 25mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Protein 7g

Source: USDA National Nutrient Database

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for productspecific information.

## Child Nutrition (CN) Label

The USDA, Child Nutrition (CN) Labeling Program provides food manufacturers the option to include a standardized food crediting statement on their product label

#### Who runs the Program?

The CN Labeling Program is run by FNS directly with commercial food processing firms and in cooperation with the following agencies:

Food Safety Inspection Service (FSIS), Agricultural Marketing Service (AMS), and National Marine Fisheries Service (NMFS).

# Child Nutrition (CN) Label How does the program work?

The program requires an evaluation of a product's formulation by FNS to determine its contribution towards the meal pattern requirements.

Once approved, it allows manufacturers to state this contribution on their labels.

The program provided Child Nutrition program operators a warranty against audit claims for CN labeled products, if the product is used according to the manufacturers directions as printed on the approved CN label.

#### **Child Nutrition (CN) Label**

#### What products are eligible for CN labels?

Main dish products which contribute to the M/MA component of the meal pattern requirements. Examples include: beef patties, cheese/meat pizzas, egg rolls, bean burritos, and breaded fish portions.

#### Are manufacturers required to CN label products?

**No!** There is no Federal requirement that anyone manufacture or purchase CN labeled products. Purchasing decisions are left to the local level.

#### How do I identify a CN labeled product?

A CN labeled product will always contain the following:

- The CN logo, which is a distinct border;
- The meal pattern contribution statement;
- A unique 6-digit product identification number (assigned by FNS) appearing in the upper right hand corner of the CN logo;
- The USDA/FNS authorization statement;
- The month and year of final FNS approval appearing at the end of the authorization statement;
- Plus the remaining required label features: product name, inspection, legend, ingredient statement, signature/address line, and net weight.

#### A sample CN logo:

This 2.31oz fully cooked Beef Patty with Textured Soy Flour provides

CN 2.00 oz equivalent meat/meat alternate for the Child Nutrition Meal CN

Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA XX-XX\*\*)

CN \* CN identification number

Month & Year of approval

Note: The X's in the sample CN logo are only used to demonstrate the placement of the CN identification number and the final date. If you receive a CN labeled product containing all X's (or other non-number symbols) or all zeroes as the CN identification number, that label is not a valid CN label. If a CN label is not valid, FNS cannot provide a warranty for its use towards meal pattern requirements.

#### Documenting a Watermarked CN Label

In the event that the original CN label from the product packaging, or a photocopy/photograph of that label cannot be obtained, program operators may provide the Bill of Lading (BoL) or "invoice" containing the product name and:

A hard copy of the CN label, with a watermark, which displays the product name and CN number provided by the vendor; or

An electronic copy of the CN label with a watermark displaying the product name and CN number provided by the vendor.

# CN Label w/ Watermark







## CN FULLY COOKED CHARBROILED BEEF PATTIES

NATURAL MESQUITE AND HICKORY SMOKE FLAVORING ADDED

AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 11-12.)

SAMPLE COPY NOT FOR DOCUMENTING FEDERAL (
ONE 2.45 DZ. FULLY COOKED CHARBROILED BEEF PATTY PROVIDES 2.00 OZ EQUIVALENT MEAT/MEAT
ON ALTERNATE FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS, (USE OF THIS LOGO AND STATEMENT

INGREDIENTS: GROUND BEEF (NOT MORE THAN 20% FAT), WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12)), SEASONING (DEXTROSE, MALTODEXTRIN, FOOD STARCH - MODIFIED, WORCESTERSHIRE SAUCE SOLIDS (MOLASSES, VINEGAR, CORN SYRUP, SALT, CARAMEL COLOR, GARLIC, SUGAR, SPICE, TAMARIND, NATURAL FLAVOR), ONION POWDER, GARLIC POWDER, SPICE, NATURAL SMOKE FLAVOR, GRILL FLAVOR (FROM SOYBEAN OIL), SALT, SODIUM PHOSPHATES, CARAMEL COLOR CONTAINS: SOY

HEATING INSTRUCTIONS: FROM A FROZEN STATE, BAKE ON A PAN IN A PREHEATED CONVECTION OVEN AT 350 FOR 8 MINUTES OR IN A PREHEATED CONVENTIONAL AT 356 FOR 12 MINUTES. MICROWAVE ON HIGH POWER SETTING FOR ABOUT 1 1/2 MINUTES. MICROWAVE VIEWS VARY, THES DIVEN ARE APPROXIMATED.

AdvancePierre Foods, Inc. 9990 Princeton Glendale RD. Cincinnati, OH 45246

3870



A COLEMBIA MICHAEL SALVA

3870

135/2.45

CN FULLY COOKED

CHARBROILED BEEF PATTIES

CARAMEL COLOR ADDED

Item#

135 PORTIONS



00071421038705

**KEEP FROZEN** 

**5931TBWS** 

00071421038705

**KEEP FROZEN** 

## **Product Formulation Statement**

IF a product does not have a CN label, a signed Product Formulation Statement (PFS) can also be used for crediting and documenting purposes.

A PFS is obtained via a request to the product manufacturer

 An appropriate PFS will provide specific information about the product, and show how the food credits toward the CN meal pattern, citing CN program resources and/or regulations.

A PFS must be **SIGNED** to be valid!

## Child Nutrition Label (CN)

#### Proper menu documentation

- Meat/Meat Alternates
  - Must have CN label or a <u>signed</u> Product Formulation Statement (PFS).
  - The USDA Food buying guide may be used for whole raw products that are not blended with grains. E.g. whole chicken breast, 85/15 ground beef
- Grains
  - Must obtain signed PFS or have nutrition facts labels with oz or grams per serving and the ingredient list.
  - May use Exhibit A with nutrition facts label
- Combination Items (M/MA and Grains)
  - Must have a CN label or <u>signed</u> PFS.

#### **Exhibit A: School Lunch and Breakfast**

Whole Grain-Rich Ounce Equivalency (Oz Eq) Requirements for School Meal Programs<sup>1,2</sup>

ochool mear r rogianis	
GROUP A	OZ EQ FOR GROUP A
Bread type coating Bread sticks (hard) Chow mein noodles Savory crackers (saltines and snack crackers) Croutons Pretzels (hard) Stuffing (dry) Note: Weights apply to bread in stuffing.	1 oz eq = 22 g or 0.8 oz 3/4 oz eq = 17 g or 0.6 oz 1/2 oz eq = 11 g or 0.4 oz 1/4 oz eq = 6 g or 0.2 oz
GROUP B	OZ EQ FOR GROUP B
Bagels Batter type coating Biscuits Breads (sliced whole wheat, French, Italian) Buns (hamburger and hot dog) Sweet crackers¹ (graham crackers - all shapes, animal crackers) Egg roll skins English muffins Pita bread (whole wheat or whole grain-rich) Pizza crust Pretzels (soft) Rolls (whole wheat or whole grain-rich) Tortillas (whole wheat or whole corn) Taco shells (whole wheat or whole corn)	1 oz eq = 28 g or 1.0 oz 3/4 oz eq = 21 g or 0.75 oz 1/2 oz eq = 14 g or 0.5 oz 1/4 oz eq = 7 g or 0.25 oz
GROUP C	OZ EQ FOR GROUP C
Cookies³ (plain - includes vanilla wafers) Cornbread Corn muffins Croissants Pancakes Piancakes Pie crust (dessert pies,³ cobbler,³ fruit turnovers,⁴ and meat/ meat alternate pies) Waffles	1 oz eq = 34 g or 1.2 oz 3/4 oz eq = 26 g or 0.9 oz 1/2 oz eq = 17 g or 0.6 oz 1/4 oz eq = 9 g or 0.3 oz

<sup>&</sup>lt;sup>1</sup> The following food quantities from Groups A-G, must contain at least 16 grams of whole grain or can be made with 8 grams of whole grain and 8 grams of enriched meal and/or enriched flour to be considered whole grain-rich.

continued on next page



<sup>&</sup>lt;sup>2</sup> Some of the following grains may contain more sugar, salt, and/or fat than others. This should be a consideration when deciding how often to serve them.

Allowed only as dessert at lunch as specified in §210.10.

<sup>4</sup> Allowed for desserts at lunch as specified in §210.10, and for breakfasts served under the SBP.

#### Product Attributes

. Fully prepared spaghetti meat sauce

Create fast and easy pasta entrées & calzones

\* Great alternative to traditional beef or pork spaghetti meat sauce

Boil-in-bag – steam or stove top preparation

Use scoop/disher #8 to meet 2 oz. nnt/nnt alt.

#### Specifications

Ship Container UPC: 10042222285381

Frozen Shelf Life: 365 DAYS FROZEN FROM

PACK DATE

Pallet Pattern: 13 x 5 = 65

Full Pallet

Net Weight: 1820 LB Gross Weight: 1885 LB

Catch Weight?

#### Master Dimensions

Case Dimensions: 14B1"L x 9.31"W x 8.37"H

 Cubic Feet:
 0.645 FT

 Not Weight:
 28 LB

 Gross Weight:
 29 LB

 Pack:
 0047.00 LB

Servings Per Case:

#### Basic Preparation Instructions\*

Thank Instruction: Thank in the refrigerator at least 48 hours for single bag units or up to 72 hours for multiple bag units in box. DO NOT thank at room temperature.

BOIL-IN-BAG METHOD

Estimated Reheating Times From Frozen and Thawed State:

 Fill large pot with enough water to cover bag and bring to a boil on high heat. Place frozen or thawed bag of product in boiling water.

 Reduce to medium-high heat according to chart time AND until internal temperature is 140°F, as measured by a meat thermometer.

 Remove from water. Cut open bag and pour package contents into desired serving pan & serve.

Time/Temperature: Frozen - 1 hr. 15 min/med-high; Thawed - 40 min/med-high

STEAMER METHOD

Estimated Reheating Times From Frozen and Thawed State:

Place frozen or thawed bag of producti nto a steam pan and place in steamer.

- Heat according to chart time AND until internal temperature is 140°F, as measured by a meat thermometer.
- Remove from steamer. Cut open bag and pour package contents into desired.
   Serving pan & serve.

Time: Frozen - 1 hr. 15 min.; Thawed - 40 min.

\* For preparation by a food preparation establishment only, according to the food code.

I certify that the above information is true and correct, and that a 4.98 OZ serving of the above product (ready for serving) contain 2 OZ of cooked lean meat/meat alternate when prepared according to directions.

I further certify that any VPP used in this product is authorized as an alternate food in the Child Nutrition Programs and its use conforms to Food and Consumer Service Regulations (7CFR part s 210, 225 or 226, Appendix A).



#### Nutritional Information Per 2 OZ . MT./MT. Alternate Serving

Sug Size (oz.)		Trans Fat (g)					
4.98 OZ							



# CHICKEN PATTIE FRITTERS-CN

INGREDIENTS: Chicken, water, textured soy protein concentrate, isolated soy protein, seasoning [corn syrup solids, brown sugar, dextrose, salt, vinegar powder (maltodextrin, modified corn starch, dried vinegar), garlic powder, chicken type flavor (hydrofyzed corn gluten, autolyzed yeast extract, sunflower oil, disodium inosinate, disodium guanylate)), sodium phosphates. BREADED WITH: Whole wheat flour, water, enriched bleached wheat flour (enriched with niacin, reduced iron, thiamine mononitare, riboflavin, folic acid), modified wheat starch, salt, soybean oil, spice, paprika, yellow corn flour, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), garlic powder, natural flavor, extractives of turmeric, furnaric acid. Breading set in vegetable oil.

CONTAINS: SOY, WHEAT.

CN

290555

CN Each 3.29 oz. fully cooked, chicken pattie fritter provides 2.00 oz. equivalent meat/meat

CN alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 06/14).





#### Servings Per Container About 150 **Amount Per Serving** Calories 230 Calories from Fat 120 % Dally Value\* Total Fat 13g 20% Saturated Fat 2.5g 13% Trans Fat Og Cholesterol 20mg 7% Sodium 490mg 20 9 Total Carbohydrate 15g 5% Dietary Fiber 3g 12% Sugars 1g 26% Protein 13g Vitamin A 0% . Vitamin C 0% Calcium 4% • Iron 10% \*Percent Daily Values are based on a 2,000

Nutrition Facts Serving Size 1 Piece (92g)

**KEEP FROZEN** 

DISTRIBUTED BY: TYSON FOODS, INC., SPRINGDALE, AR 72765-2020 U.S.A.

REPARATION: Appliances vary, adjust accordingly.

CONVECTION OVEN: 6-8 minutes at 375°F from frozen.

CONVENTIONAL OVEN: 8-10 minutes at 400°F from frozen.

NET WT. 30.8 LBS.

calone diet.

LL#11105827

<b>Nutrition</b>	1
Facts	

Serving Size 2 Slices (57g) Sc. rings Per Container 10

Calories 150 Calories from Fat 20

Calories Per Slice 70 Calories from Fat 10

Amount/Serving	% Daily	
	2 SLICES	1 SLICE
Total Fat 2g, 1g	3%	2%
Saturated Fat 0.5g, 0g	3%	0%
Trans Fat 0g, 0g		
Polyunsaturated Fat 1g, 0.5g		
Monounsaturated Fat 0g, 0g		
Cholesterol 0mg, 0mg	0%	0%
Vitamin A	0%	0%
Vitamin C	0%	0%
Calcium	10%	6%
Iron	8%	4%

Amount/Serving	% Daily	
E	2 SLICES	1 SLICE
<b>Sodium</b> 270mg, 135mg	11%	6%
Total Carbohydrate 26g, 12g	9%	4%
Dietary Fiber 3g, 2g	12%	6%
Sugars 5g, 3g		
Protein 7g, 3g		
Thiamin	10%	6%
Riboflavin	6%	2%
Niacin	10%	6%
Folic Acid	8%	4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbo	hydrate	300g	375g
Dietary Fib	er	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, WHEAT GLUTEN, HIGH FRUCTOSE CORN SYRUP, HONEY, YEAST. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OILS), BROWN SUGAR, SALT, DOUGH CONDITIONERS (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: MONO- AND DIGLYCERIDES, ETHOXYLATED MONO- AND DIGLYCERIDES, ASCORBIC ACID, AZODICARBONAMIDE, ENZYMES), CALCIUM SULFATE, CALCIUM PROPIONATE (PRESERVATIVE), DISTILLED VINEGAR, GUAR GUM, YEAST NUTRIENTS (MONOCALCIUM PHOSPHATE, CALCIUM SULFATE, AMMONIUM SULFATE), CORN STARCH, SOY LECITHIN, SOY FLOUR. CONTAINS WHEAT AND SOY



(/Sales-Rep-L



Whole Grain Breaded Golden Crispy Nuggets, 0.7 oz.

Product Code: 70364 -928 UPC Code: 00023700033765

- Available for commodity reprocessing USDA 100103
- Utilizes white and dark meat to keep commodity pounds in balance and is also available for Independent Drawdown
- Consistent piece sizes for easy CN portioning and cost control
- Great Golden Crispy breading profile that is Kid Tested, Kid Approved™
- Certified Responsible Antibiotic Use Verified CRAU

#### Preparation

Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375'F from frozen. Conventional Oven 8-10 minutes at 400'F from frozen.

#### Piece Count

745 PIECE(s) per Case Average.

#### Master Case

Gross Weight	35.6115 LB	Width:	15.75 IN
Net Weight	32.81 l.B	Length:	23.5625 IN
Cube:	2 FT	Height:	9.3125 IN

#### Pallet Configuration

11:12   11:1
--------------

#### Ingredients

Chicken, water, textured soy protein concentrate, Isolated soy protein, seasoning (brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract. carrot powder, vegetable stock (carrot, onion, celery), garlic powder, maltodextrin, flavors, silicon dioxide, chiric acid and spice), seasoning (potassium chloride, rice flour), sodium phosphates. BlackDED WITH: blinde wheat flour, water, enriched what flour wheat flour, chiacin, reduced ron, thiamine emomitar te, ribolfavin, folic acid), salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color), paprika extract

CONTAINS soy, wheat

**Nutritional Panel** 

#### Storage

Shelf Life:	270 days
Storage Temp:	OF
Storage Method:	Frozen

#### Not acceptable documentation for program requirements

**❷ 0**,

Nutritional Panel	( Panel
Nutrition Facts Serving Size 4 PECES (78g) Servings Per Containsr About 188	
Amount Per Serving Calonies 210	Calonies from Fat 110
	% Daily Value* 18%
TotalFat 12g	16%
SaturatedFat2g	10%
TransFatOg PolyunsaturatedFat6g	
MonounsaturatedFat 3.5q	
Chokesterol 20mg	7%
Sodium 320mg	13%
Total Carbohydrate 13g	42
Dietary Fiber 2g	8%
Sugars 1g	
Protein	26%
Vitamin A 2%	Vitamin
Calcium 2%	fron 100
* Percent daily values are based on a 2,00 slorie diet. Your daily values may be higher	or lower depending on your calorie needs.

CN Label: Yes

CN Label Numbers: 092340, 092342

CN Statement: Five 0.70 oz. fully cooked, chunk-shaped chicken path. Sitters provide 2.00 oz. equivalent meat/meat alternate and 1.00 oz. equivalent grains, for Child Nutrition Meal Pattern Rec., seements.

To obtain a signed copy of the CN statement for this item, please contact the Tyson described Service Concierge via e-mail (mailto:fscomments@tyson.com) or call 1-800-248-9766.

About (/About. 1) | Contact Us (/Contact%20Us.aspx) | Terms (/Terms.aspx) | Privacy Police (//About. 1) | Contact Us (/Contact%20Us.aspx) | Other Tues

CN Label: Yes

CN Label Numbers: 092340, 092342

CN Statement: Five 0.70 oz. fully cooked, chunk-shaped chicken pattie fritters provide 2.00 oz. equivalent meat/meat alternate and 1.00 oz. equivalent grains, for Child Nutrition Meal Pattern Requirements.

To obtain a signed copy of the CN statement for this item, please contact the Tyson Food Service Concierge via e-mail (mailto:fscomments@tyson.com) or call 1-800-248-9766.

# This is <u>Not</u> a CN label and is not acceptable for documentation purposes.

# Turkey Breast

#### Nutrition Facts

Serving Size: 1 Slice (28g) Servings Per Container: Varied

Calories 30 Fat Cal. 5

Percent Daily Values are based a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 0.5g	1%	Total Carb. 2g	1%
Sat. Fot 0g	0%	Fiber 0g	0%
Trans Fat 0g		Sugars 1g	
Cholest. 10mg	3%	Protein 5g	
Sodium 220mg	9%		

Vitamin A 0% · Vitamin C 0% · Salcium 0% · Iron 2%

POTAS TURKEY BREAST, WATER, MODIFIED FOOD STARCH, INTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, SALT POTAS, THE ACTATE, SODIUM PHOSPHATE, SODIUM DIACETATE, JUNE 1971 THORBATE, SODIUM NITRITE, FLAVORING.

tenderbroil.

PATTIES

AdvancePierre\* Foods



**PORTIONS** 

155-525-0

#### CN FULLY COOKED FLAMEBROILED BEEF PAITIES



CN FULLY COOKED FLAMEBROILED BEEF PATTIES

Sample copy not for bocumenting federal meal requirements 085257

INGREDIENTS: GROUND BEEF (NOT MORE THAN 30% FAT), WATER, TEXTURED VEGETABLE PROTEIN PRODUCT ISOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12)], SALT, SODIUM PHOSPHATES, CARAMEL COLOR. CONTAINS: SOY



**KEEP FROZEN** 

Item#

155-525-0

**PORTIONS** 



00880760004599

**KEEP FROZEN** 

5931TBWS

AdvancePierre Foods, Inc. 9990 Princeton Glendale RD. Cincinnati, OH 45246

# Verifying acceptable Documentation of CN labels During an Administrative Review

Original CN Label from Package



Photocopy or Photograph of Original CN Label on Package



Watermarked CN Label AND a Bill of Lading (Invoice)



Request Manufacturer's Product Formulation Statement (PFS)

Yes Accept

Yes Accept

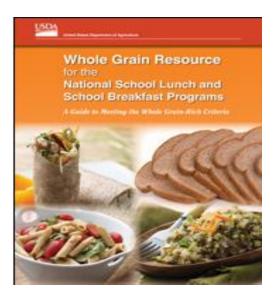
Yes

Accept

## "Whole" grain label identification

Whole Grain Resource USDA Booklet

http://www.fns.usda.gov/tn/whole-grain-resource

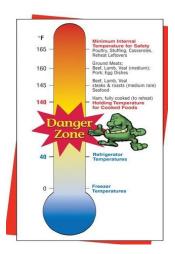


## "Whole" grain label identification

- Whole Grain Rich Waiver
  - Allowed to serve specified products that are not whole grain rich with approved waiver.

http://dese.mo.gov/sites/default/files/dac\_forms/MO500 3123.pdf

WATVE



Procedures designed to ensure the safe production and services of food.

Sometimes a simple mistake can have grave consequences. What may seem like a small food safety mistake can cause serious illness with long-term consequences.....

- Ensure cooked foods reach a safe minimum internal temperature.
- Minimum temperatures and holding times
- Check food temperature in several places, especially in the thickest parts.

\*\*\*FNS requires each school in the LEA to maintain temperature logs for a period of six months \*\*\*

### Safe Internal Cooking Temperatures

Poultry (All Types)-165°F

Ground Beef -160°F

Eggs-160°F

Beef, Veal, Pork, and Lamb Roasts, Steaks, and Chops (Med Rare)-145°F

#### **HACCP-Based SOPs**

#### **Cooking and Reheating Temperature Log**

**Instructions:** Record product name, time, the two temperatures/times, and any corrective action taken on this form. The foodservice manager will verify that foodservice employees have taken the required cooking temperatures by visually monitoring foodservice employees and preparation procedures during the shift and reviewing, initialing, and dating this log daily. Maintain this log for a minimum of 3 years.

Date and Time	Food Item	Internal Temperature/ Time	Internal Temperature/ Time	Corrective Action Taken	Initials	Verified By/ Date

- Develop Standard Operating Procedures (SOPs)
  - SOPs are step-by-step written instructions for routine food service tasks that affect the safety of food ('nonspecific' hazards), such as proper dishwashing procedures, or for tasks that are a part of the HACCP-based plan (specific hazards), such as proper cooking procedures
- A school food safety program should control both specific and nonspecific hazards and consist of SOPs and a written plan for applying the basic HACCP principles.
- Food safety plans tailored specifically for each school foodservice site
  - Types of facilities in your LEA
  - Existing SOPs
  - Number and type of employees at each site
  - Types of equipment
  - Processes for food preparation
  - Menu items

http://dese.mo.gov/financial-admin-services/food-nutrition-services/food-safetyhaccp

# Each building should have a HACCP booklet that contains

- SOPs
- Handling Potentially Hazardous Foods
- Personal Hygiene
- Reheating
- Dating Procedures

## Cooling Potentially Hazardous Foods

(Sample SOP)

**Purpose:** To prevent foodborne illness by ensuring that all potentially hazardous foods are cooled properly

**Scope:** This procedure applies to foodservice employees who prepares, handles, or serves food.

**Key Words:** Cross-Contamination, Temperatures, Cooling, Holding

#### **Instructions:**

- 1. Train foodservice employees who prepare or serve food on how to use a food thermometer and how to cool foods using this procedure.
- 1. Modify menus, production schedules, and staff work hours to allow for implementation of proper cooling procedures.
- 2. Prepare and cool food in small batches.
- 3. Chill food rapidly using an appropriate cooling method:
  - Place food in shallow containers (no more than 4 inches deep) and uncovered on the top shelf in the back of the walk-in or reach-in cooler
- Use a quick-chill unit like a blast chiller
- Stir the food in a container placed in an ice water bath
- Add ice as an ingredient
- Separate food into smaller or thinner portions
- Pre-chill ingredients and containers used for making bulk items like salads

## Cooling Potentially hazardous foods continued...

- 4. Follow State or local health department requirements regarding required cooling parameters.
- 5. If State or local requirements are based on the 2001 FDA Food Code, chill cooked hot food from:
- 135 °F to 70 °F within 2 hours. Take corrective action immediately if food is not chilled from 135 °F to 70 °F within 2 hours.
- 70 °F to 41 °F or below in remaining time. The total cooling process from 135 °F to 41 °F may not exceed 6 hours. Take corrective action immediately if food is not chilled from 135 °F to 41 °F within the 6 hour cooling process.
- 6. Chill prepared, ready-to-eat foods such as tuna salad and cut melons from 70 °F to 41 °F or below within 4 hours. Take corrective action immediately if ready-to-eat food is not chilled from 70 °F to 41 °F within 4 hours.

## **Dating procedures**

Items should be clearly dated as soon as they reach the kitchen and then after being cooked and saved for leftovers

## First-in First-out (FIFO)

Items should be rotated so that the oldest unexpired product is used first.

Performance Standard 2
General Areas

### Summary of Records to Keep

- Menus
- Recipes
- Production Records
- Documents for all products used
  - •CN Labels
  - Nutrition Fact Labels
  - Product Formulation Statements
- •Temperature Logs
  - •Refrigerator/Cooler
  - Food Temperatures
- Food Safety Inspections
- Standard Operating Procedures

#### Performance Standard 2

- Nutrition Quality and Meal Pattern
- Supporting documentation
  - Menus, production records, and related materials (e.g., CN Labels, standardized recipes)
- Records include all information necessary to support the claiming of reimbursable meals and any additional requirements
- Offer vs Serve

#### General Areas

- Civil Rights
  - Non-discrimination statement
  - and procedures for accommodating students with special dietary needs
  - "And Justice for All" poster
- Free potable water
- Food Safety
  - Temperature records
  - Inspections
  - Food safety plan

#### Menu documentation

- Menu for month of review
- Production records for target week
- Recipes for meats, grains and combined vegetables
- Cn labels, Product formulation statements, and nutrition facts labels for meats and grains only

# Menu Documentation Activity

Lets go over some menu items and try to figure out what menu documentation will be needed for the purpose of an administrative review.

#### Breakfast \$1.40

Monday Breakfast Bars Tuesday Pancake/Sausage on a Stick Wednesday Pop Tart Variety **Thursday** Egg & Cheese Sandwich Friday Cinnamon Roll Alternative Choice:

Alternative Choice:

Sarah Lee Muffin (Mon, Wed, Fri)

Yogurt/Graham Crackers

(Tues ,Thurs)

A student breakfast may consist of l entrée, fruit and/or 100% fruit juice and milk



# QUESTIONS



# **Contact Me**

bryan.tanner@dese.mo.gov (573)751-4205

Joey.samelak@dese.mo.gov (573)751-7889

http://dese.mo.gov/financial-admin-services/foodnutrition-services





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